

Zucchini Bread

Ingredients:

- 3 eggs
- 1 cups sugar
- 1 cup canola oil
- 1 ½ teaspoons vanilla
- 2 ¾ cups wheat flour
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1 teaspoon salt
- 2 teaspoons cinnamon
- 1 teaspoon nutmeg
- 2 cups gently packed shredded zucchini

Directions:

Beat eggs in large bowl then beat in sugar, oil and vanilla. Mix together the flour, baking powder, baking soda, salt, cinnamon, and nutmeg together then beat into the wet mixture until smooth. Stir in shredded zucchini. Pour into greased and floured pan and bake at 350 degrees Fahrenheit for about an hour.

Recipe submitted by Brittany McLean, Nutrition and Dietetics Student at Framingham State