

Potato, Pepper, and Onion Bake

Ingredients:

1 pound potatoes (3 medium)

1 - 1 1/2 pounds bell peppers (3 to 4 medium, green, yellow, orange, and/or red)

1 large sweet onion

2 tablespoons vegetable oil

Black pepper to taste

Directions:

Cut cleaned potatoes into 1 inch slices or chunks. (Peel thick-skinned potatoes). Cut peppers into 1 1/2 to 2 inch pieces. Peel onion and cut into chunks. Place potatoes, peppers, and onions in shallow ovenproof dish. Pour oil over vegetables and lightly toss to coat with oil. Sprinkle with pepper. Bake at 425 degrees for 30 minutes. Serves 4.

Recipe provided by the Massachusetts Department of Agricultural Resources