

## **Corn Salad**

### *Ingredients:*

For the salad:

- 4 ears of corn
- 2 large tomatoes diced
- 1 large onion diced
- 1 medium cucumber diced

For the dressing:

- 2 tablespoons extra virgin olive oil
- 1 tablespoon fresh lime juice
- ½ clove minced garlic
- Salt and pepper to taste

### *Directions:*

Cut the kernels off cooked corn. Combine corn, cucumbers, onion and tomatoes in bowl. Add remaining ingredients and toss lightly. Chill salad and serve cool.

Recipe submitted by Brittany McLean, Nutrition and Dietetics Student at Framingham State